

“The Greatest Lie of All”
Psalms 34: 1-10
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I’ve been cruising through the Psalms lately and I came to a screeching halt at Psalm 34. The first portion says: *“I will constantly speak of His glories and grace...Let all who are discouraged take heart...For I cried to Him and He answered me! He freed me from all my fears.* Fear, anxiety, and worry are all of the same fabric; they creep out in the middle of the night and at times when we are not racing around thinking we have outdistanced them.

This passage drove me back to Genesis 3. In the beginning there was no fear, only faith. The reason there was only faith was because there was only God and good. There was no ability to distinguish between good and evil. Satan’s great deceit of the human race was not to grant wisdom between good and evil. It was to introduce the existence of evil into the fabric of what God created as good, thus tainting it with the potential for bad. The result was fear, failure, and punishment. Fear looks first at what is bad. Faith looks first at what is good. The trick of fear is to see how good will go bad. The truth of faith is to see how God will bring good out of bad. The choice is ours. The results are God’s.

Fear’s antidote is faith. God now calls us back daily to trust in His goodness and grace in spite of fear. The Psalmist says God will free us from **all** our fears. Not just the little ones but the big ones - like are we lovable; are we safe; can we provide; will we fail; will others fail us. The big fears often lead us to the big sins. The little fears just claw daily at the fabric of our faith until we are too weak to fight the great Tempter. When I visit my fears in the dark hours they are many. I’m asking God to uproot them one by one. It is not easy, but well worth the effort. *“Let all who are discouraged take heart.”* In the dark hours this week, remember Psalm 34. Don’t be deceived by the greatest lie of all.