## "A RECIPE FOR LIFE" Proverbs 3 by Dr. John A. Wells

Winter seems to be a time to eat. Maybe that is why God created Spring - a time to shed the fat to enjoy Summer. Anyway, there are abundant recipes for good eating, and I'm glad we have opportunities to explore them. I know that one of the main forms of fellowship centers around eating together, so I thought of reminding myself and my readers of God's recipe for living and enjoying life. It comes from Proverbs chapter three. The first part of the verse gives the rule. The second part gives results. Eat hearty and have a great week.

"My son do not forget my teaching; keep my commands in your heart" "they will prolong your life many years and bring you prosperity."

"Let love and faithfulness never leave you" "Then you will win favor and a good name in the sight of God and man."

"Trust in the Lord with all your heart; do not lean on your own understanding; in all your ways acknowledge Him." *"He will make your paths straight."* 

"Do not be wise in your own eyes; fear the Lord and shun evil." "This will bring health to your body and nourishment to your bones."

> "Honor the Lord with your wealth." "Then your homes will be filled to overflowing."

"Do not despise The Lord's discipline or resent His rebuke." "He disciplines those He loves and delights in."

"Blessed is the person who finds wisdom and gains understanding." "Wisdom's ways are pleasant, peaceful, and life producing."

"Preserve sound judgment and discernment; do not let them out of sight." "You will go on your way in safety; you will not stumble; and, you will sleep sweetly."

> "Do not withhold good when it is in your power to act." "Do not plot harm against those who trustfully live near you." "Do not envy those who get away with doing wrong." "God gives grace to the humble; the wise inherit honor."